

TWENTY-FIRST SUNDAY AFTER PENTECOST



Icon of Saints Marcianos and Martyrios the Notaries, and the Holy and Just Tabitha, -- October 25th

OCTOBER 25, 2009

TWENTY-FIRST SUNDAY AFTER PENTECOST

TONE 3

SCHEDULE OF SERVICES FOR THE WEEK OF OCTOBER 26 – NOVEMBER 1, 2009

FRIDAY, OCTOBER 30 9:00 AM DIVINE LITURGY ✙ OLEH WESELOVSKY; REQ: JOSEFA & SOPHIA
WESELOVSKY
SATURDAY, OCTOBER 31 4:30 PM GREAT VESPERS FOR SUNDAY (*PLEASE NOTE TIME CHANGE*)
SUNDAY, NOVEMBER 1 9:30 AM LITURGY – TWENTY-SECOND SUNDAY AFTER PENTECOST
FOR ALL PARISHIONERS

Remember in your prayers

Please remember in your prayers those members of our parish, our family and friends who are ailing, are in hospitals, nursing homes and those who are not able to join actively in their community. Remember especially the following: Katherine Andrus, Walter & Isabella Bachynsky, Susie Boyko, Sonya Cronin, Helen Davis, Bohdanchik James, Maria Laszok, Lesya Loznycky, Sophia Skop, the monks Basil and Moses. *If you have a prayer request, please let Fr. James know.*



Prayers For Those Serving In The Armed Forces



Let us especially remember in our prayers those family members and friends who are actively serving their countries in the Armed Forces: Luke and Slavamira Haywas, Elizabeth Heltsley, Oksanna Hirniak, Andrew Hrynkiw, Zenon and Susan Keske, Michael Lopes, Vasyl and Volodymyr Lylak, Paul Richelmi and Brian Tuthill. *Please give any names of those you would like remembered in the Liturgies to Fr. James.*

Утренняя - Matins

Next Sunday November 1st, we will begin to celebrate a parochial form of Sunday Matins (Утренняя.) Matins will begin at 8:30 AM on the first Sunday of each month before the Divine Liturgy.

Some have questioned why we celebrate Vespers and Matins. This is to be faithful to the wishes of the church as stated in our particular law: Art. 460 - The celebration of the Canonical Hours, especially Matins and Vespers *must be introduced where they have fallen into disuse in parishes*, especially since the decision of the Holy See now allows these canonical services to satisfy the Sunday and Holydays obligation of the faithful by their participation in them. (my emphasis)

The Church is not here to fulfill our “spiritual needs,” but to change the very nature of those “needs.”

Fr. Alexander Schmemmann

Ukrainian Food Faire!

Our Parish Festival will be on Saturday, November 7th. We still need many volunteers. Luke Miller has a sign-up sheet available – please see him after the Liturgy. If you have any Ukrainian crafts (embroidery, etc... you would like to sell, please see Luke or call him at 858-688-0708. Anyone wishing to make baked goods for the festival should speak with Lubomyra Yoldas.

The Festival will run from 11:00 AM till 4:00 PM. Great Vespers will be at 5:00 PM that Saturday rather than 6:00.

Consecration of St. Michael's Ukrainian Catholic Church – Tucson Sunday, November 15, 2009

We are organizing a group of parishioners to attend this very important event in the life of our brothers and sisters in Tucson. Fr. Andriy Chirovsky has invited us to come and celebrate with his community. The deadline to RSVP for this event has been extended till October 30 – so, it's not too late.

Tentative Parish Meeting

I hope to have a parish meeting on *Sunday, November 22nd*. On the agenda will be such items as: Parish Financial Report; Parish Mission Statement; Future of the Parish; Response to Patriarch Lubomyr's call for evangelization.

Вічна Память! May his memory be eternal!

We were all deeply grieved to learn this previous Monday of the falling asleep in the Lord of our longtime parishioner Luke Shmorhay. Our prayers and condolences go out to his wife Katherine, his daughters Laryssa and Katherine and all the family. He will be greatly missed. The *Parastas* was held this past Friday with internment at Holy Cross cemetery.



Abba John used to say that the saints are like a group of trees, each bearing different fruit, but all watered from the same source. The practices of one saint differ from those of another, but it is the same Spirit that works in all of them.

The Desert Fathers



Blessed is the one who knows his own weakness, because awareness of this becomes for him the foundation and beginning of all that is good and beautiful. Love sinners but hate their works; and do not despise them for their faults, lest you also be tempted.

St. Isaac the Syrian



The demons have no means of taking possession of a man's spirit or body, no power to forcibly enter his soul, unless they first deprive him of all his holy thoughts, and make him empty and devoid of spiritual contemplation and reflection.

St. John Cassian

HOW WELL DO YOU KNOW THE SCRIPTURES?

- 1) It is impossible to please God without ____?
 - a) good works
 - b) love
 - c) charity
 - d) faith
- 2) What is the fourth Commandment?
 - a) Thou shalt not make any graven image
 - b) Thou shalt not commit adultery
 - c) Remember the Sabbath day, to keep it holy
 - d) Thou shalt have no other gods before Me
- 3) Why was Abraham counted righteous?
 - a) for his good works
 - b) he followed the law
 - c) for his faith
 - d) all of the above
- 4) It is ok to seek the guidance of a psychic.
 - a) true
 - b) false
- 5) For where your ____ is, there will your heart be also.
 - a) reward
 - b) riches
 - c) mind
 - d) treasure
- 6) Who asked Herod for the head of John the Baptist?
 - a) Herodias
 - b) the daughter of Herodias
 - c) Athaliah
 - d) Candace
- 7) There are 200 Psalms in the Bible?
 - a) true
 - b) false
- 8) The Cross was made of the following types of wood:
 - a) cedar, oak, cypress
 - b) cedar, cypress, pine
 - c) olive, cypress, pine
 - d) olive, oak, pine
- 9) According to the Gospels, Christ was transfigured in glory before Peter, James, and John on Mount _____.
 - a) Herman
 - b) Zion
 - c) Tabor
 - d) none of the above
- 10) What does Emmanuel mean?
 - a) Jesus
 - b) Savior
 - c) Man of God
 - d) God with us



FROM THE COUNSELS OF ELDER PHILOTHEOS OF PARA

True happiness is not the honors and pleasures of the body. True happiness is virtue. As many as fight to acquire virtue, to put into practice the commandments of God, these are truly happy.

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When the enemy tempts you with thoughts of faithlessness, with all your heart say, "I believe completely whatever the Church believes, whatever Christ says in the Holy Gospels, whatever the Holy Apostles and Holy Fathers said. I don't, however, believe you, devil, for you are a liar and a thief.

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If a man builds a house and leaves it without a roof, this house can't be used at all. In the same way, if a man acquires all the virtues but not love, the house remains roofless and is of no benefit at all.

Answer to Scriptural Questions

1. d. Hebrews 11:6
2. c. Exodus 20:8-11
3. c. Romans 4:1-3
4. b. Deuteronomy 18:10-14
5. d. Matthew 6:21
6. b. Mark 6:21-25
7. b. 150
8. b. Isaiah 60:13
9. d. Although early church tradition holds that the place of the Transfiguration was Mt. Tabor, none of the Gospel accounts mention it by name.
10. d. Matthew 1:23

TOP 10 TIPS TO LIVING AN ORTHODOX CHRISTIAN WAY OF LIFE

1) Attend the Divine Services

Participation in the liturgical life of the church is at the heart of the Orthodox way of life. Regular attendance on Sunday mornings, Saturday evenings, the 12 Great Feasts, and other special times throughout the year (like Great Lent), is a must to living a healthy Christian life.



2) Confess Your Sins

Ask God to help you see your own faults and weaknesses. Go to the Sacrament of Confession with sorrow for what you've done and hope for a new beginning through God's grace and mercy. Confession should be regular, once a month or more; at the very least during the four fasting seasons.



3) Receive Holy Communion

Frequent and fervent reception of the Body and Blood of Christ is indispensable to growing closer to God. Be sure to follow the preparation guidelines, make frequent confession, and remember to offer prayers of thanksgiving afterwards.



4) Keep the Fasts

Fasting on Wednesdays, Fridays, and other fasting days and seasons, should indicate to us whether or not our Christianity is truly about denying ourselves, taking up our crosses and following Christ. Health issues, others questions? Ask your priest.



5) Make Your Home a Family Church

Maintain an icon corner where you say your morning and evening prayers. Place an icon or cross in every room so that you remember God during the day. Have your home blessed each year. Pray unceasingly.



6) Be a Good Steward

Remember that God will hold you accountable for the time, talents, and treasure He has entrusted to your care. Our stewardship indicates what we truly love (God or other things), for where our treasure is, there will our heart be also.



7) Study the Scriptures

Read from the Holy Bible every day without fail. This is God's Word to you. Your church wall calendar gives the appointed Epistle and Gospel reading for each day.



8) Assembly a Home Library

In addition to the Scriptures, we should read the Lives of the Saints, the writings of the Holy Fathers, and other spiritual texts. Ask your priest for some advice. What are you reading now?



9) Be Quick to Forgive and Slow to Judge

Always ask forgiveness when we hurt someone, even if it is unintentional. Remember that if we don't forgive others, then God won't forgive us. Likewise, don't judge your neighbor or you will fall under God's just judgment.



10) Trust in God; Not Yourself

Believe what the Lord teaches through His Church. Don't subject the Word of God to your own personal review; we don't know better than He does. The way to the Kingdom is to follow Christ; we cannot make it there ourselves.



The above list is not exhaustive but it does offer a good starting point to ordering our lives as Orthodox Christians. Be sure not to pick and choose only the tips that you like since 7 or 8 out of 10 will not get us to the eternal finish line. Should you have any questions, please be sure to consult your priest.

Українська Католицька Парафія Матері Божої Неустаючої Помочі
Церква Святого Йоана Хрестителя

Ukrainian Catholic Parish of Our Lady of Perpetual Help

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[Patristic Wisdom on the Lord's Prayer Continued]

Thy Kingdom Come

“**T**he kingdom of God is within us,” that is, on our lips and in our hearts (Lk 17:21). Therefore anyone who prays that the kingdom of God may not delay its coming is praying that it may be consolidated, extended, and reach its fullness within him. Our Lord in fact dwells in all holy people who recognize God as their king and obey His spiritual laws. The Father is present in the perfect soul and Christ reigns together with the Father, according to His own actual word “If someone loves me ... we will come to him and make our home with him” (Jn 14:23).

The kingdom will not reach its fullness in each of us until wisdom and the other virtues are perfected in us. Perfection is reached at the end of a journey, so we ought to be “forgetting what lies behind and straining forward to what lies ahead” (Phil 3:13). In other words, on the one hand the believer is a tireless traveler and on the other hand the kingdom of God will reach its completion in us only when the words of the Apostle are fulfilled: “When he has subjected all things, Christ will deliver up the kingdom to the Father, that God may be all in all” (1 Cor 15:24-28).

Let us subdue our members to produce the fruits of the Spirit. Then the Lord will walk with us as in a spiritual paradise. He alone will reign in us, together with Christ. And we shall already possess the benefits of the new birth and of the resurrection.

Origen