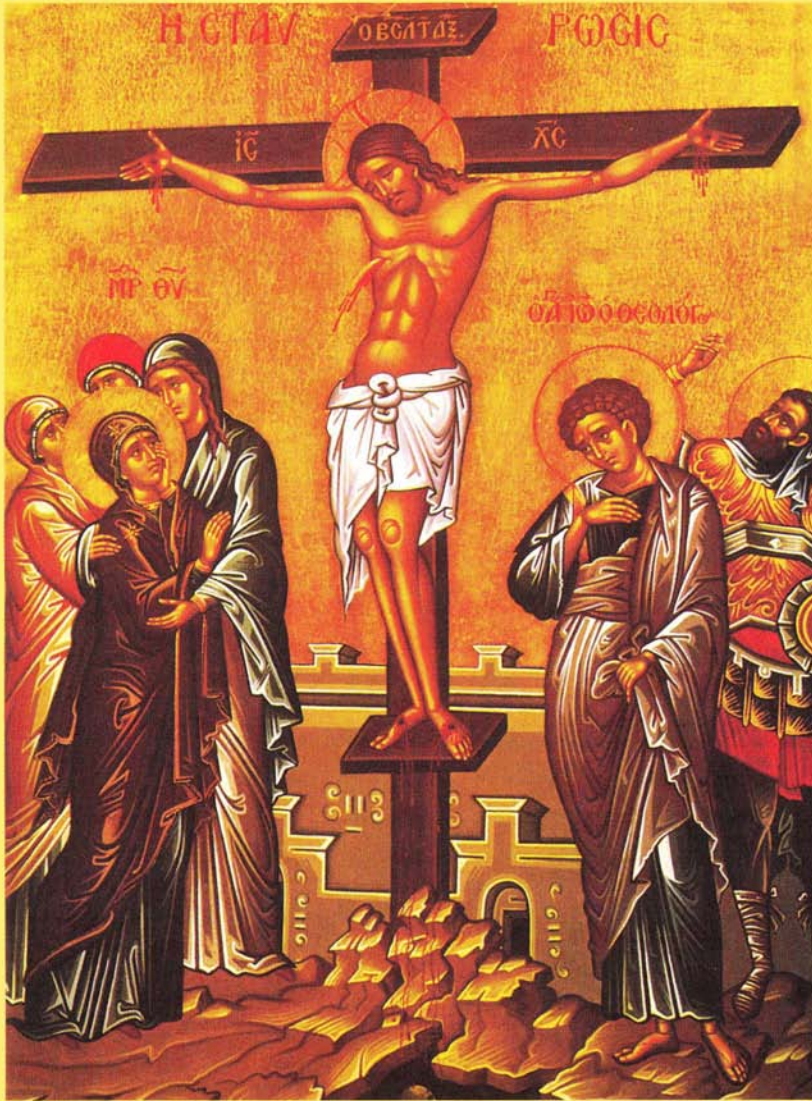


SUNDAY AFTER THE EXALTATION OF THE HOLY CROSS



*Icon of the Crucifixion of Christ*

*September 19, 2010*  
**Sunday after the Exaltation of the Holy Cross**  
**Catechetical Sunday**

*Tone 7*

**SCHEDULE OF SERVICES FOR THE WEEK OF SEPTEMBER 20 – SEPTEMBER 26**

**SUNDAY, SEPTEMBER 26<sup>TH</sup> – 18<sup>TH</sup> SUNDAY AFTER PENTECOST – THE FALLING ASLEEP OF JOHN THE APOSTLE AND EVANGELIST**

**9:30 AM DIVINE LITURGY**

**FOR ALL PARISHIONERS**



*Remember in your prayers*

**Remember Those In The Armed Forces**



Please remember in your prayers those members of our parish, our family and friends who are ailing, are in hospitals, nursing homes and those who are not able to

Let us especially remember in our prayers those family members and friends who are actively serving their countries in the Armed Forces: Luke and Slavamira Haywas, Elizabeth Heltsley, Oksanna Hirniak,

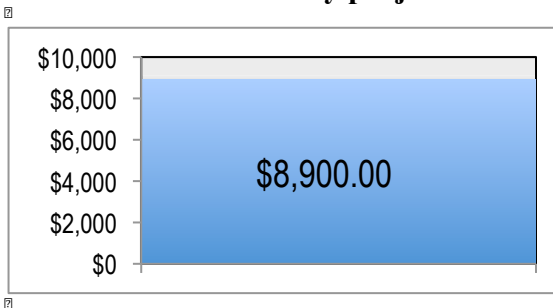


Andrew Hrynkiw, Zenon and Susan Keske, Michael Lopes, Vasyl Lylak, Thomas Orr, Paul Richelmi and Brian Tuthill. Please give any names of those you would like remembered in the *Liturgies to Fr. James.*

join actively in their community. Remember especially the following: Katherine Andrus, Sr. Marie Arendes, Walter & Isabella Bachynsky, Susie Boyko, Sonya Cronin, Helen Davis, Lorene Lagrone, Maria Laszok, Natalie, Maria Leskiw, Lesya Loznycky, Ivan & Orysia Rosul, Sonia Shashkewych, Sophia Skop and Ariadna Wall. Please let Fr. James know if there is anyone else who should be remembered.



**50<sup>th</sup> anniversary project**



**Welcome to Our Visitors**

We warmly welcome all those who are visiting from near and far. Please consider staying for a bite to eat at our coffee hour following the service. But even if you have to run, we thank you for worshipping with us today, and we wish you a blessed remainder of your visit!

**FR. JAMES WILL BE AWAY...**

Fr. James (and Fr. Myron Mykyta) will be on retreat with all the Ukrainian Catholic clergy of the U.S. from September 20 until September 24. In case of an emergency please contact either Fr. Robert Pipta of Holy Angels Byzantine Catholic Church at (858) 277-2511, or Fr. Sabba Shofany of St. Jacob Melkite Mission at (619) 410-7868.

**On Perfect Love**

*"A man lacks perfect love when: his disposition towards others depends on what they are like, loving one and despising another for this or that, or sometimes loving, some-times hating one and the same man. Blessed is the man who can love all men equally."*

St. Maximos the Confessor



## **WHAT IS CATECHETICAL SUNDAY?**

The bishops of the United States have designated the third Sunday of September as a day on

which every parish community is called to make a public commitment to continue its efforts to bring the Good News to all segments of the parish. This commitment is made concrete through the affirmation and recognition of all those who are directly responsible for carrying out the religious education programs and activities of the parish. This day also presents an opportunity for all the faithful to look at what they have been given and think of ways for them to contribute to the essential teaching mission of the Church.

## **WHO IS RESPONSIBLE FOR RELIGIOUS EDUCATION IN A PARISH?**

"The whole Church must feel responsible and must wish to be responsible" (*Catechesi Tradendae*) to carry out the catechetical task. But, the Church's members have different responsibilities in that task according to their mission and preparation. Not only the pope, bishops, priests, religious, and catechists, but parents and singles — everyone who is a member of the Church — must feel compelled to make a contribution to the teaching mission of the Church.

## **WHAT CAN YOU DO TO CONTRIBUTE?**

### **IF YOU ARE A SENIOR CITIZEN:**

You are the fruit of the vine. The entire community can enjoy the wisdom and skills of your years of growing and loving. Within the religious education program of the parish, there is a variety of projects and celebrations that require preparation of materials, decorations, and food that you can help with in your spare time.

### **IF YOU ARE A PARENT:**

Your responsibility is crucial by reason of your proximity to your children. You are the primary catechist by your example, love, forgiveness,

patience, generosity, fairness, and prayerfulness. You are also called to ensure that your children take part in the programs provided for their specific age needs and that you give them the assistance and support required for their happy and willing involvement in the program.

### **IF YOU ARE SINGLE:**

The energy and creativity of your singleness can have a limitless impact on the Church. You can participate in any adult program your parish offers in order to facilitate your growth in the faith through a deeper understanding and interior commitment to the message of Christ and His mission today. Or you can inquire about joining the formation programs made available so that you can become a catechist or an aid in the programs with children or youth.

### **IF YOU ARE A YOUTH:**

The Church has a treasure in your commitment. You can be the Church's principal witness to the youths who have not found themselves and who grope for clarity and meaning in the wrong places. Through your interest and participation in the opportunities provided by your parish for your human and spiritual growth as a Christian, you can be a powerful example and inspiration to others. If such opportunities are available in your parish, become a part of them.

### **IF YOU ARE A CHILD:**

Jesus loved to bless and welcome the children of the villages He visited when He was in Palestine. He told us we had to become like you in order to be part of His kingdom. Your enthusiasm, interest, generosity and determination to learn and grow will be a source of inspiration to your family as well as to those who are eager to help you become the best person God wants you to be.

**EVERYONE** can and should pray for the success of the efforts of our committed parish team that will be responsible for carrying out all the religious education programs of the parish.



***Українська Греко-Католицька Церква  
Святого Йоана Хрестителя  
St. John the Baptizer  
Ukrainian Greco-Catholic Church***

**СВЯТКУЄМО 50-РОКІВ!      Celebrating 50 Years!**

4400 Palm Avenue  
La Mesa, CA 91941  
Parish Office: (619) 697-5085

**Website:** [stjohnthebaptizer.org](http://stjohnthebaptizer.org)

**Pastor:** Fr. James Bankston

**Парох:** о. ЯКІВ БЕНКСТОН

[frjames@mac.com](mailto:frjames@mac.com)

Fr. James' cell phone: (619) 905-5278

***The Glory of the Cross***

A hardened criminal was moved from his prison cell to solitary confinement because he deserved additional punishment. In the corner of his new cell, he saw something wedged into the corner of the room. Upon closer inspection, he discovered that it was a copy of the New Testament left there by the inmate before him. Out of curiosity, he began reading the Scriptures for the first time in his life and was drawn again and again to the account of our Lord's suffering and crucifixion.

Our Lord suffered on the cross for the good of many. Thinking of his own present sufferings, the inmate then wondered how his own life would have been different if he had used all of his energies for good instead of evil. Then he realized that even he was among the many for whom Jesus died on the Cross! Because of the Cross, the inmate repented and found a place for God in his life!

The Cross is the instrument of Christ's suffering and passion. However, it is also the Trophy of Victory and the means by which Christ conquered death by His death. The Feast of the Exaltation of the Cross placed before us this most profound mystery of suffering and its undeniable paradox: that in death there is life, and that in suffering there is glory. As we continue to celebrate this holy feast, may we turn our own sufferings over to Jesus and ask Him for the grace to bear them with resignation to His divine will – for those who bear the Cross are also sheltered by it.