

FOURTH SUNDAY OF THE GREAT FAST  
SUNDAY OF SAINT JOHN CLIMACUS



*Icon of Saint John Climacus*

*March 14, 2010*

## **Fourth Sunday of the Great Fast – Sunday of St. John Climacus**

*Tone 8*

**SCHEDULE OF SERVICES FOR THE WEEK OF MARCH 15 – MARCH 21**  
**ALL SERVICES ARE TENTATIVE PENDING THE ON-TIME RETURN OF FR. JAMES**

**WEDNESDAY, MARCH 17 – VENERABLE ALEXIS, MAN OF GOD; PATRICK OF IRELAND**

**6:30 PM LITURGY OF THE PRESANCTIFIED GIFTS – БОЖЕСТВЕННА ЛІТУРГІЯ**

*ПЕРЕДШЕОСВЯЧЕНИХ ДАРИВ*

**THURSDAY, MARCH 18 – CYRIL, ARCHBISHOP OF JERUSALEM**

**6:30 PM GREAT CANON OF ST. ANDREW OF CRETE WITH PROSTRATIONS**

**FRIDAY, MARCH 19 – MARTYRS CHRYSANTHOS & DARIA**

**6:30 PM LITURGY OF THE PRESANCTIFIED GIFTS – БОЖЕСТВЕННА ЛІТУРГІЯ**

*ПЕРЕДШЕОСВЯЧЕНИХ ДАРИВ*

**SATURDAY, MARCH 20**

**9:30 AM DIVINE LITURGY – AKATHIST SATURDAY – СУБОТА АКАФІСТОВА**

✙ **OLA NAGORSKI-LOZNYCKY AND MOTHER EUGENIA**

**ANDREENA-LOZNYCKY; REQ: BILL LOZNYCKY**

**6:00 PM GREAT VESPERS**

**SUNDAY, MARCH 21 – 5<sup>TH</sup> SUNDAY OF THE GREAT FAST – VENERABLE MARY OF EGYPT**

**9:30 AM DIVINE LITURGY**

**FOR ALL PARISHIONERS**

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☞☞ **Remember in your prayers** ☞☞



Please remember in your prayers those members of our parish, our family and friends who are ailing, are in hospitals, nursing homes and those who are not able to join actively in their community. Remember

especially the following: Katherine Andrus, Walter & Isabella Bachynsky, Susie Boyko, Sonya Cronin, Helen Davis, Megan Hartman, Stephen Hricko, Bohdanchik James, Bohdan Knianicky, Lorene Lagrone, Maria Laszok, Maria Lavasanipour, Lesya Loznycky, Alice Melnyk, Shawn Moore, Gregorio Ortiz Peña, Sophia Skop and Sonya Villa Señor, Ariadna Wall. Please let Fr. James know if there is anyone else who should be remembered.

### **Cards for sale**

Easter Cards, and various other greeting cards are available for sale in the church hall following each Divine Liturgy. See Mary Kitt to purchase.

**Remember Those In The Armed Forces**

Let us especially remember in our prayers those family members and friends who are actively serving their countries in the Armed Forces: Luke and Slavamira Haywas, Elizabeth Heltsley, Oksanna Hirniak, Andrew Hrynkiv, Zenon and Susan Keske, Michael Lopes, Vasyl Lylak, Thomas Orr, Paul Richelmi and Brian Tuthill. Please give any names of those you would like remembered in the Liturgies to Fr. James.



### **50<sup>th</sup> Anniversary Celebration**

Preparations are underway for the celebration of our Parish's 50th anniversary. There is lots of work to be done in the way of planning, sending out of invitations and various other tasks.

- *God won't ask what kind of car you drove, he'll ask how many people you drove who didn't have transportation.*
- *God won't ask the square footage of your house, he'll ask how many people you welcomed into your home.*
- *God won't ask about the clothes you had in your closet, he'll ask how many you helped to clothe.*
- *God won't ask what your highest salary was, he'll ask if you compromised your character to obtain it.*
- *God won't ask what your job title was, he'll ask if you performed your job to the best of our ability.*
- *God won't ask how many friends you had, he'll ask how many people to whom you were a friend.*
- *God won't ask in what neighborhood you lived, he'll ask how you treated your neighbors.*
- *God won't ask about the color of your skin, he'll ask about the content of your character.*
- *God won't ask why it took you so long to seek salvation, he'll lovingly take you to your mansion in heaven.*
- *Бог не запитає тебе, яким автомобілем їздив, але скількох людей ти підвіз...*
- *Бог не запитає тебе, яку площу мав твій дім, а скількох подорожніх ти в ньому прийняв...*
- *Бог не запитає тебе, як ти одягався, а запитає, скількох людей ти зодягнув...*
- *Бог не запитає тебе скільки грошей ти заробляв, але яким способом...*
- *Бог не запитає тебе яку посаду ти займав, але чи ти працював чесно і сумлінно...*
- *Бог не запитає тебе, скільки ти мав приятелів, але для кого з них був приятелем ти...*
- *Бог не запитає тебе, в якому оточенні ти жив, але як ти ставився до своїх сусідів...*
- *Бог не запитає тебе, скільки разів ти говорив правду, але запитає скільки разів ти збрехав...*
- *Бог не запитає тебе, чому ти так довго зволікав з поканням і виправленням. Він з любов'ю запровадить тебе до твого небесного житла.*

Watch your thoughts, they become words.

Watch your words, they become actions.

Watch your actions, they become habits.

Watch your habits, they become your character.

Watch your character, it becomes your destiny.

Пилнуй свої думки, вони стають словами.

Пилнуй свої слова, вони стають діями.

Пилнуй свої діла, вони стають звичками.

Пилнуй свої звички, вони стають характером.

Пилнуй свій характер, він стає долею.

## ABOUT THE LADDER OF DIVINE ASCENT

In the sixth century, a monk of Mount Sinai named John wrote a book outlining the stages of the spiritual life. He based his entire work on the image of a ladder of thirty rungs, stretching from earth to heaven. Each rung described a step in the pursuit of virtue and the spiritual life. Since it was first written, *The Ladder of Divine Ascent* has been an essential part of the formation of Eastern Christian monastics, and a mainstay of Eastern Christian ascetic spirituality. However, *The Ladder* is not just for monks and nuns because all Christians are called to make an ascent to the heights of heaven. For this reason the Church places the commemoration of Saint John and his Ladder on the 4th Sun-day of the Great Fast, as the faithful continue their ascent with the Lord to Golgotha and through Golgotha to His Heavenly Kingdom.

### The 30 Steps of the Ladder of Divine Ascent

- ❖ Steps 1–4: renouncement of the world and obedience to a spiritual father
- ❖ Steps 5–7: penitence and affliction as paths to true joy
- ❖ Steps 8–17: the defeat of vices and acquisition of virtue
- ❖ Steps 18–26: avoidance of the traps of asceti-cism (laziness, pride, mental stagnation)
- ❖ Steps 27–29: acquisition of stillness or peace of the soul, of prayer, and of dispassion
- ❖ Step 30: the union of faith, hope, and love

**Святкуємо 50-років!**

***Celebrating 50 Years!***

***Українська Католицька Церква Святого Йоана Хрестителя  
St. John the Baptizer Ukrainian Catholic Church***

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### ***Fasting -- Body and Soul***

**L**et us not believe that an external fast from visible food alone can possibly be sufficient for perfection of heart and purity of body, unless with it there has also been united a fast of the soul.

**For the soul also has its foods that are harmful.**

Slander is its food, and indeed one that is very dear to it. A burst of anger also supplies it with miserable food for an hour and destroys it as well with its deadly savor. Envy is a food of the mind, corrupting it with its poisonous juices and never ceasing to make it wretched and miserable at the prosperity and success of another.

Vanity is its food, which gratifies the mind with a delicious meal for a time, but afterwards strips it clear and bare of all virtue. Then vanity dismisses it barren and void of all spiritual fruit. All lust and shifty wanderings of heart are a sort of food for the soul, nourishing it on harmful meats, but leaving it afterwards without a share of the heavenly bread and of really solid food.

*St. John Climacus*